

# *Sisters Informing Sisters on Topics about AIDS*

*Empowerment*

*Sisterhood*

*Relationships*

*Unity*



# Sisters Informing Sisters on Topics about AIDS (SISTA) @ HEAT Program

consists of five groups designed specifically for heterosexual African American Women ages 18-24.

These interactive groups will have a special focus on fun and new ways to practice safe sex, negotiation skills, building relationships, and much more.

At the end of these sessions young women will walk away feeling sexy, empowered, confident, and strong!

**FREE FOOD**

**Great Incentives for girls!**

For more information Contact:

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